

STUDENT ASSISTANCE PROGRAMME



A **24 hour helpline** from Health Assured to support you through any of life's issues or problems.



Free 24 Hour Confidential Helpline:

0800 028 3766



Stress & anxiety



Exam worries



Family issues



Bereavement



Financial wellbeing



Childcare support



Relationship advice



Legal information



Medical information



Tenancy & housing concerns



Alcohol & drug issues



Student issues

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Unique code: **MHA203661**



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